

## Tuesday Nights - Training.

Here at Cliffedale Chandlers we hold a Tuesday night training session for our junior members. The session runs from 7.00pm to 9.00pm - however some of the younger players only attend for the first hour.



The session is run by Cathy Steeples (UKCC level 2) and Alex Green (ETTA level 3). These coaches are assisted by Russell Winfield (UKCC level 2), John Mapletoft (UKCC level 2), Matt Weavers (UKCC level 1), Alex Mercer (UKCC level 1) and Peter May (International Umpire). Some of our top junior players also assist at the sessions - namely Peter Claxton, James O'Neill, Matt Leete, Adam Harrison and Hannah Winfield.

The sessions consist of warm ups, then training; which includes multiball training and the use of a robot. The sessions normally include a fun element and some match play. The session caters for mixed abilities - from complete beginners to advanced players.

Currently Matt Ware - who is ranked as the number seven senior man in England is assisting at these sessions.

All the coaches are fully licensed, which means they are trained, insured have a valid CRB check and have attended Child Protection workshops and are qualified in first aid.

Parents are welcome to attend and stay at the sessions or to leave their children with us for the duration of the session.

For further information please call Alex Green on 07827 966519 - or just come along to the Meres!

## Photos from a typical session.





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TABLE TENNIS CLUB





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